

## *Surviving and Thriving in Graduate School*



# advice for graduate students

### **wise words...**

- Insist on regular meetings with your faculty mentor
- Seek out mentors inside and outside of the university
- Find recent grads: pick their brains
- Make an advanced grad one of your mentors
- Develop a community of graduate school colleagues
- Meet people in your field
- Attend conferences early in your career
- Interact with faculty
- Accept constructive criticism
- Take ownership of your education
- Write well
- Read beyond your assignments
- Apply for grants
- Attend department brown bags & seminars
- Talk to your advisor about mentoring
- Change advisors if necessary
- Be focused
- Be committed
- Be persistent

### **time flies...**

- Set some milestones and meet them
- Spend time with other grad students in your division
- Publish early: don't wait until your thesis is finished

### **take care...**

- Don't work 24/7
- Take a "sabbatical" once a week
- Do community service
- Have passion
- Stay in the moment
- Believe in yourself

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